



## **SEFBHN Recommended Suicide Risk Assessments**

Once someone has been identified as being at-risk for depression and suicidal thoughts/behaviors, then the next step in the process is to complete a Suicide Risk Assessment. These are formalized assessments of a person's risk and are to be completed by mental health clinicians (Master's Level and Licensed). Risk assessments help triage a person for risk – what is their risk level for harm at this moment?

### **Zero Suicide Recommended Risk Assessments:**

#### **Columbia Suicide Severity Rating Scale (C-SSRS) (RISK ASSESSMENT)**

- Free training: <http://c-ssrs.trainingcampus.net/>
- Free tool: <https://suicidepreventionlifeline.org/wp-content/uploads/2016/09/Suicide-Risk-Assessment-C-SSRS-Lifeline-Version-2014.pdf>

The full risk assessment version of the Columbia Suicide Severity Rating Scale (C-SSRS) is three pages long, with the initial page focusing on a checklist of all risk and protective factors that may apply. The C-SSRS Risk Assessment is intended to help establish a person's immediate risk of suicide and is often used in acute care, residential and outpatient settings.

#### **FL LINC Risk Assessment**

Risk assessment developed by the University of Central Florida and SAMHSA. A modified version of the C-SSRS Risk Assessment above.

#### **Suicide Triage Document (Version 5)**

Helps clinicians to look at warning signs, risk factors, protective factors and resources to make an assessment on risk level. On the back, this form also includes the 6 questions from the C-SSRS Suicide Screener. Developed by the University of Central Florida and SAMHSA.